

2025 Health Improvement Planning

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Health Issue	Goal to Improve	Access Focus	January-March 2025	April-June 2025	July-September 2025	October-December 2025
1. Mental health and mental health disorders		Access to mental health providers	Burgess Mental Health hired 2 new BHIS workers to service the community.	Burgess Mental Health started an after hours cirisis line.	Promotd suicide prevention month and the 988 crisis line.	Burgss Mental Health started a Substance Abuse program for community members.
	Decrease poor mental health days	Social supports; increase provider training/ education	Burgess Mental Health attended many trainings to improve their services to the community. A full report is available upon request.	Burgess Mental Health attended many trainings to improve their services to the community. A full report is available upon request.	Burgss Mental Health started a Substance Abuse program for community members.	Burgss Mental Health started a Substance Abuse program for community members.
2. Overweight & Obesity	Increase opportunities to improve overall	Awareness of risk factors-family history, labs, etc	Promoted routine visits with PCP for annual wellness checkups	Promoted routine visits with PCP for annual wellness checkups	Promoted routine visits with PCP for annual wellness checkups	Promoted routine visits with PCP for annual wellness checkups
	health Increase awareness of preventative health resources and services	Barrier reduction - individual motivation	Promoted Diabetes Prevention program with PCPs and on social media	Promoted Diabetes Prevention program with PCPs and on social media	Promoted Diabetes Prevention program with PCPs and on social media	Promoted Diabetes Prevention program with PCPs and on social media
		Programs and events showcasing preventative resources	Promoted Diabetes Prevention program with PCPs and on social media	Promoted Diabetes Prevention program with PCPs and on social media	Completed 5210 program in two community schools for grades 2nd and 4th	Completed 5210 program in two community schools for grades 2nd and 4th
3. Older adult health/ aging issues (arthritis, hearing/vision loss, etc)	Improve utilization of preventative health resources and services	Access to PCP for aging assessments	Ophthalmology specialty was added at Burgess	Ophthalmology specialty was promoted	Completed Keys to Unlocking Brain Fitness program	Completed Keys to Unlocking Brain Fitness program
		Support services available to reduce health risks; HH, Area on Aging, PACE, etc.	Promoted heart health month with Burgess Annual Wear Red Event with speaker on women's heart health.	Promoted men's health month and routine visits for early cancer detection and chronic care management for medicare patients	Promoted older adult vaccinations to prevent hospitalization	Promoted older adult vaccinations to prevent hospitalization
4. Cancer	Improve utilization of preventative health resources and services	Awareness of risk factors-family history, labs, etc	Promoted routine visits with PCP for annual wellness checkups and sreening	Promoted routine visits with PCP for annual wellness checkups and sreening	Promoted routine visits with PCP for annual wellness checkups and sreening	Promoted routine visits with PCP for annual wellness checkups and sreening
		Health promotion partnerships-Increase access to health care specialists	PH promoted healthy lifestyle choices to help prevent cancer and other diseases. Promoted annual wellness visits for early cancer detention.	Promoted men's health month and routine visits for early cancer detection and chronic care management for medicare patients	Promotd breast cancer awareness month on social media.	Promotd breast cancer awareness month on social media.