

Wear Red

2026

**STRONG WOMEN,
STRONG HEARTS**



BURGESS
Health Center



Featuring:

Josh Lander, PT, MPT

Director of Rehab Services



Friday, February 13, 2026

Doors Open at 10:30 a.m.

Onawa Community Center

Registration \$15

Wear RED and Join Us For:

Inspiring Talk | Local Vendors

Free Chair Massages | Nail Painting

Heart-Healthy Lunch Catered by Staley's



To register, complete the form below OR call 712-423-9200.
If you have not registered by February 6, 2026, please register at the door.

Name(s) _____ Number Attending _____

Address, City, ZIP _____

Email Address _____ Phone# _____

Mail this form and payment to: (make checks payable to Burgess Health Center)
Burgess Health Center Wear Red • 1600 Diamond Street • Onawa, IA 51040