



2022 Health Improvement Planning

Health Issue	Goal to Improve	Access Focus	July-September 2022	October-December 2022	January-March 2023	April-June 2023
1. Mental health and mental health disorders	Decrease poor mental health days	Access to mental health providers	Promoted mental health walk-in clinic. Worked with coalitions to improve processes and access to mental health providers	Promote mental health walk-in clinic. Worked with coalitions to improve processes and access to mental health providers	Worked with Coalitions to improve processes in Emergency Department, Inpatient Services, and Clinics to improve awareness of those who need mental health services.	Mental Health Awareness campaign through Burgess Family Clinics.
		Social supports; increase provider training/ education	Involve key providers and takeholders in coalitions to improve processes for people accessing resources, clinics, and ER. Promoted Healthiest State walk and encouraged others to attend and socialize in safe environments.	Involve key providers and takeholders in coalitions to improve processes for people accessing resources, clinics, and ER. Working to start new programs like 5210 and Keys To Unlocking Brain Fitness	Worked with NAMI Southwest Iowa to bring a virtual Veteran Support Group to Monona County and CEU course for Burgess Staff. Also, started program called Unlocking Brain Fitness for Dementia Prevention	
2. Overweight & Obesity	Increase opportunities to improve overall health	Awareness of risk factors-family history, labs, etc	Healthy lifestyles have been promoted on social media and newspapers as well as routine check-ups to prevent diseases.	Healthy lifestyles have been promoted on social media and newspapers as well as routine check-ups to prevent diseases.	Healthy lifestyles have been promoted on social media as well as routine check-ups w/ physician	
		Barrier reduction - individual motivation	Partnered with YMCA to promote exercise classes and socialization with others. Classes are offered at multiple times.	Working to start programs like 5210 in school and Keys to Unlocking Brain Fitness	Started 5 2 1 0 program in West Monona School and Unlocking Brain Fitness (Dementia Prevention)	
	Increase awareness of preventative health resources and services	Structural environment supports - sidewalks, facilities, trails	Halted	Halted	Promoting Mental Health Awareness Walk in May at the Rodney Pitts.	Promoting Mental Health Awareness Walk in May at the Rodney Pitts.
3. Older adult health/ aging issues (arthritis, hearing/vision loss, etc)	Improve utilization of preventative health resources and services	Access to PCP for aging assessments	Promoted Care for Yourself program. Advertised the importance of routine meetings with PCP.	Promoted drive up flu shots. Completed flu video flu campaign. Promoted routine visits with PCP	Provided transitional care management for discharged patients. Completed flu video campaign; increasing population vaccination rate to 22%	
		Support services available to reduce health risks; HH, Area on Aging, PACE, etc.	Promoted Medicare beneficiaries completing welcome to medicare visits. Promotion of annual wellness visits.	Promotion of annual wellness visits and chronic care management for medicare patients	Completed health campaign for colorectal cancer awareness month and heart health for health health month.	
4. Cancer	Improve utilization of preventative health resources and services	Awareness of risk factors-family history, labs, etc	Promoted Care for Yourself program. Advertised the importance of routine meetings with PCP.	Promoted importance of routine visits with PCP	Promoted importance of routine visits with PCP.	
		Partnerships with health promotion resources	Promoted routine mammograms for early breast cancer detection. Promotions of annual wellness visits for early cancer detection.	Promoted annual wellness visits and chronic care management for medicare patients	Promoted annual wellness visits and chronic care management for medicare patients	Skin Cancer Awareness campaign through Burgess Family Clinics.
		Increase access to health care specialists				