2022 Health Improvement Planning

BURGESS Public Health

Health Issue	Goal to Improve	Access Focus	July-September 2022	October-December 2022	January-March 2022	April-June 2022
1. Mental health and mental health disorders	Decrease poor mental health days	Access to mental health providers	Promote mental health walk-in clinic. Worked with coalitions to improve processes and access to mental health providers.			
		Social supports; increase provider training/ education	Involve key providers and takeholders in coalitions to improve processes for people accessing resources, clinics, and ER. Promoted Healthiest State walk and encouraged others to attend and socialize in safe envirnments.			
2. Overweight & Obesity	Increase opportunities to improve overall health	Awareness of risk factors-family history, labs, etc	Healthy lifestyles have been promoted on social media and newspapers as well as routine check-ups to prevent diseases.			
	Increase awareness of preventative health resources and services	Barrier reduction - individual motivation	Partnered with YMCA to promote exercise classes and socialization with others. Classes are offered at multiple times.			
		Structural environment supports - sidewalks, facilities, trails	Halted			
3. Older adult health/ aging issues (arthritis, hearing/vision loss, etc)	Improve utilization of preventative health resources and services	Access to PCP for aging assessments	Promoted Care for Yourself program. Advertised the importance of routine meetings with PCP.			
		Support services available to reduce health risks; HH, Area on Aging, PACE, etc.	Promotion of Medicare beneficiaries completing welcome to medicare visits. Promotion of annual wellness visits.			
4. Cancer	Improve utilization of preventative health resources and services	Awareness of risk factors-family history, labs, etc	Promoted Care for Yourself program. Advertised the importance of routine meetings with PCP.			
		Partnerships with health promotion resources	Promotions of routine mammograms for early breast cancer detection. Promotions of annual wellness visits for early cancer detection.			
		Increase access to health care specialists				