



Extra Services to Meet Your Needs

Caring Staff Members

Having a baby can be one of the most exciting times in your life! Burgess Family Beginnings' staff is here to help you give birth to a healthy baby by delivering excellent care with a personal touch. Your nurse will share educational information with you and help you learn to bathe, change and hold your newborn, and provide other basic care to you and your baby during and following your pregnancy.

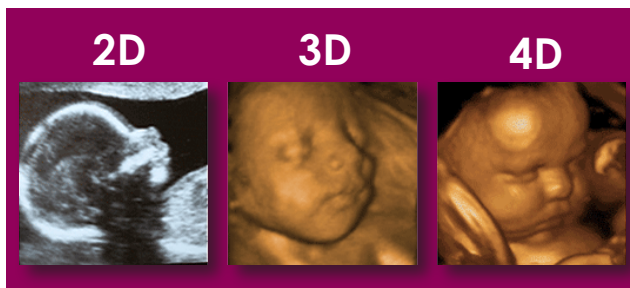
For You to Take Home

While in the hospital your nurse will give you a take-home book that outlines many aspects of postpartum and newborn care.

You will leave Burgess with a bag of delightful gifts, such as a hand-knitted baby cap and booties from the hospital auxiliary. You'll also receive a children's book and a Halo swaddle donated by organizations in the community.

4D Ultrasound Imaging

Burgess offers 4D ultrasound imaging, which provides physicians and parents with amazing images of your baby. With this new advanced technology, your doctor will obtain the diagnostic images needed to assess your baby's development. You'll also receive exciting keepsake pictures that highlight facial features of your precious newborn.



Visiting Hours

Visiting hours are over at 8:30 p.m.

During other times our nurses offer you one-on-one instructions about your care and your baby's care to ensure you are prepared to go home.

Extra Safety Measures

Visitors

During your labor, visitors will be limited as needed in order to maintain your privacy and provide you with a calm, quiet environment.

After delivery, visitors are welcome in your room. For your newborn's safety, we encourage visitors to wash their hands before handling the infant and we discourage visits by any person sick with a cold or other contagious illnesses.

Security System

When you arrive to deliver, we will review the variety of security measures we offer to keep your newborn safe and secure at Burgess.

We're Tobacco Free

Our tobacco free policy keeps you and your newborn free from second-hand smoke. If members of your family smoke we ask them to respect our policy and refrain from smoking on our hospital grounds.

Financial Information

Please stop by the hospital's front desk and check in with our Business Office weeks before your expected delivery. It will help us start the paperwork to file your insurance or make other financial arrangements for you if you don't have insurance or Medicaid coverage.

Our Patient Suites

Burgess Family Beginnings offers beautiful suites in the comfortable and intimate setting of our unit where you will labor, deliver and stay with your baby.

You'll appreciate our extra touches like sofa sleepers, flat screen TV's with DVD player, free WIFI, soothing artwork and interior decor to create a peaceful atmosphere. Inside each postpartum room is a spacious private bath with whirlpool tub and shower to further enhance the quiet and relaxing setting.



Time for Delivery

Our nurses are there to help coach you through labor. Then when it's time for baby's arrival, you deliver in the comfort of your room. We welcome your husband or partner to support you during labor and delivery.

If your baby requires a cesarean delivery, we make that a personable and meaningful experience also.

We like our moms and babies to stay together. That means your newborn stays in the room to allow for your hands-on loving care.

OB Physicians



Dr. Dudley Dr. Kahl Dr. Kennedy Dr. Kovar

Be Prepared

You are welcome to schedule a tour of our Family Beginnings department anytime before delivery.

We also offer educational classes available on demand. We will assist you as new parents by providing encouragement, support and education during and following your pregnancy. Simply call Burgess Family Beginnings for a tour or to register for a class at **712.423.2311**.

What to Bring - Checklist

Make sure you have everything you need packed to make your stay more comfortable. Here is a helpful checklist to get you started.

- ☐ A nightgown/robe
- ☐ Haircare products
- ☐ Skincare products
- ☐ Toothbrush and paste
- ☐ Photo ID & Insurance Cards
- ☐ Phone charger
- ☐ Clothes/toiletries for partner
- ☐ Clothes for baby's trip home
- ☐ Approved infant car seat

You must bring an approved infant car seat for your newborn as required by Iowa law.

Burgess Health Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-712-755-4308 (TTY: 1-800-735-2943).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung.
Rufnummer: 1-866-237-0173

BURGESS

Family Beginnings



BURGESS
Health Center

QUALITY CARE YOU CAN BELIEVE IN

Family Beginnings

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Onawa, Iowa 51040

(712) 423-2311

www.BurgessHC.org