



Monona County Directory

3/31/2020

Public Health

- 1600 Diamond St Onawa, Iowa 51040 **(712-423-9153)**
- ahadden@burgesshc.org
- ebrekke@burgesshc.org
- <https://www.burgesshc.org/services/public-health>

Emergency Management

- Monona County
 - 909 7th St Onawa, Iowa 51040 **(712-433-1294)**
 - mocoema@mononacounty.org
 - https://www.mononacounty.org/E_Mgt.html
 - FEMA
 - <https://www.fema.gov>
 - Homeland Security
 - <https://www.dhs.gov>
 - Iowa Homeland Security
 - <https://www.homelandsecurity.iowa.gov>
 - Red Cross
 - <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/make-a-plan.html>
 - Social Security Administration
 - 3555 Southern Hills Dr Sioux City, Iowa 51106
 - **866-338-2859**
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Local Emergency Resources

- Castana fire (712-353-6362)
- Mapleton fire (712-881-2315)
- Moorhead fire (712-886-5511)
- Onawa fire (712-433-1738)
- Onawa Police Department (712-423-1379)
- Rodney fire and rescue (1-800-252-4606)
- Soldier fire (712-882-2200)
- Ute ambulance (712-885-2571)
- Ute fire (712-885-2237)
- Whiting fire (712-455-2248)

West Central Community Action:

- **Child Care Resource and Referral:** Helps children succeed and parents make informed childcare decisions.
- **Child and Adult Care Food Program**
- **Head Start:** Early childhood development program serving low-income children (age 3-5)
- **Low-Income Home Energy Assistance Program**
- **Senior Community Service Employment Program:** Community service and work-based job training program.
- **Weatherization Assistance Program:** Low-income energy efficiency program.
- **WIC:** Supplemental food program for women, infants, and children.
- **Family Development and Self Sufficiency Program:** In-home program for families receiving income assistance from DHS.

801 10th St B Onawa Iowa, 51040

Phone: 712-423-2603

Email: info@westcca.org

<https://www.westcentralca.org>



Mental Health/ Grief Relief

- Burgess Mental Health
 - o **712-423-2311**
 - o <https://www.burgesshc.org/services/mental-health>
 - Hope 4 Iowa (**1-844-673-4496**)
 - o <https://swiamhds.com/hope4iowa>
 - Iowa Crisis Chat (**1-855-325-4296**)
 - o <https://www.iowacrisischat.org>
 - Family Crisis Centers
 - o **1-800-382-5603**
 - o <http://www.familycrisiscenters.org>
 - Foundation 2 (**1-800-332-4224**)
 - IMALIVE (**1-800-784-2433**)
 - Suicide Prevention Lifeline (**1-800-273-8255**)
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Free Kid's Lunches Provided by Schools

- West Monona
 - o HS: 1314 15th St Onawa, Iowa 51040, (**712-433-2453**)
 - o Elementary: 611 4th St Onawa, Iowa 51040 (**712-433-1393**)
 - o <https://www.westmonona.org/article/216378?org=West%20Monona>
 - MVAO-COU:
 - o M-F 9:30am-11:30am at the following locations
 - o **Mapleton High school:** Front Door
 - 501 S 7th St Mapleton, Iowa 51034 (**712-881-1317**)
 - o **Anthon Middle School:** Main door into commons
 - 110 W Division St Anthon, Iowa 51004 (**712-373-5246**)
 - o **Danbury:** Van parked at regular bus pick up locations (front of Catholic School)
 - 602 Peach St Danbury, Iowa 51019
 - o **Castana:** Van will be parked next to post office
 - 100 N 3rd St Castana, Iowa 51010
 - o **Oto:** Van will be parked next to post office
 - 32 Washington St Oto, Iowa 51044
 - Whiting:
 - o 606 West St Whiting, Iowa 51063 (**712-455-2468**)
 - o Grab and go lunch and breakfast for all children ages 18 and under
 - o Pick-up 11am-1pm at lunchroom door
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Food Stamps/ SNAP

- DHS Resources
 - o <https://dhs.iowa.gov/contact-us>
 - o <https://dhs.iowa.gov/how-to-apply>
 - o <https://dhs.iowa.gov/node/1944>
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Food Pantry:

- Mapleton Food Bank
 - o 315 Main St Mapleton, Iowa 51034 **(712-881-1128)**
 - o <https://www.foodpantries.org/li/mapleton-food-bank>
 - West Central Community Action Food Pantry
 - o 801 10th St B Onawa, Iowa 51040 **(712-423-2603)**
 - o No income guidelines
 - o Open 8am-4pm M-F (Call First)
 - Whiting Christian Church
 - o 716 West St. Whiting, Iowa 51063 **(712-455-2250)**
 - o Email: office@whitingchristian.org
 - o <https://www.whitingchristian.org/food-pantry?rq=food%20pantry>
 - Food Bank of Siouxland
 - o 712-255-9741
 - o Email: info@siouxlandfoodbank.org
 - o <https://siouxlandfoodbank.org>
 - Find food pantries
 - o <https://www.foodpantries.org>
 - Deliverable meals
 - o <https://dhs.iowa.gov/sites/default/files/Expanded%20Home%20Delivered%20Meals.pdf?032320201328>
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Healthcare Resources

- <https://idph.iowa.gov/Emerging-Health-Issues/Novel-Coronavirus/Healthcare>
 - **515-281-7689**
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Insurance Support

- DHS
 - o <https://dhs.iowa.gov/contact-us>
 - o <https://dhs.iowa.gov/how-to-apply>
 - <https://www.healthcare.gov>
 - Senior Insurance Program
 - o <https://shiip.iowa.gov>
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Medical Support

- Burgess Health Center
 - o 1600 Diamond St Onawa, Iowa 51040 **(712-423-9311)**
 - o <https://www.burgesshc.org/>
 - Burgess Family Clinics
 - o Whiting
 - 153 Blair St Whiting, Iowa 51063 **(712-455-2431)**
 - o Sloan
 - 406 Evans St Sloan, Iowa 51055 **(712-428-4100)**
 - o Mapleton
 - 513 S Muckey St Mapleton, Iowa 51034 **(712-822-2234)**
 - o Decatur
 - 12th N Broadway St Decatur, Nebraska 68020 **(402-349-5592)**
 - o Dunlap
 - 612 Iowa Ave Dunlap, Iowa 51529 **(712-643-5880)**
 - Horn Memorial Clinic
 - o 520 Main St Mapleton, Iowa 51034 **(712-881-4676)**
 - o <http://www.hornmemorialhospital.org/getpage.php?name=HPC-Mapleton>
 - Family Medicine Clinic
 - o 1614 Diamond St Onawa, Iowa 51040 **(712-423-1525)**
 - o <http://www.fmconawa.com>
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Care Centers

- Elmwood Care Center
 - o 222 15th St Onawa, Iowa 51040 **(712-423-2510)**
 - o <http://trilliumhcg.com/fac-elmwood.html>
 - Pleasant View Care Center
 - o 200 Shannon Drive Whiting, Iowa 51063 **(712-458-2417)**
 - o <https://pleasant-view-care-center.business.site>
 - Maple Heights Nursing Home
 - o 2 Sunrise Ave Mapleton, Iowa 51034 **(712-881-1680)**
 - o <http://www.pionet.net/~maplhgts/NursingHome.html>
 - Crossroads of Western Iowa
 - o 301 10th St Onawa, Iowa 51040 **(712-423-1477)**
 - o <https://www.explorecrossroads.com>
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World Health Organization

- **41-22-7912111**
 - <https://www.who.int>
 - <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
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Center for Disease Control

- **800-232-4636**
 - <https://www.cdc.gov>
 - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
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Iowa Department of Public Health

- **515-281-7689**
 - <https://idph.iowa.gov>
 - <https://idph.iowa.gov/emerging-health-issues/novel-coronavirus>
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Legal Support

- Monona County Attorney
 - o 610 Iowa Ave Onawa, Iowa 51040 **(712-423-1728)**
 - o lan.mcconeghey@iowapresecutors.org
 - o https://www.mononacounty.org/County_Atorney.html
 - Minnihan Law Firm
 - o 906 9th St Onawa, Iowa 51040 **(712-423-2006)**
 - o <https://minnihan-law-firm.business.site>
 - Taylor Gary G
 - o 1019 9th St Onawa, Iowa 51040 **(712-423-2714)**
 - Willson & Pechacek, P.L.C.
 - o 710 Iowa Ave Onawa, Iowa 51040 **(712-423-1652)**
 - o <http://www.willsonpechacek.com>
 - Disability Rights of Iowa
 - o 400 E Court Ave #300 Des Moines, Iowa 50309 **(515-278-2502)**
 - o <https://disabilityrightsowa.org>
 - Iowa COMPASS
 - o 1-800-779-2001
 - o <https://iowacompass.org>
 - Gaukel Nevins & Westergaard
 - o 515 Main St Mapleton, Iowa 51034 **(712-881-2321)**
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Transportation Services

- SIMPCO (Siouxland Regional Transit System)
 - o 712-279-6286
 - o simpco@simpco.org
 - o <https://simpco.org/divisions/siouxland-regional-transit-system/>
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Energy Assistance

- West Central Community Action
 - o 801 10th St B Onawa Iowa, 51040 **(712-423-2603)**
 - o info@westcca.org
 - o <https://www.westcentralca.org>
- Department of Human Services
 - o <https://dhs.iowa.gov>
 - o <https://dhs.iowa.gov/contact-us>



Small Business Services

- Monona County Economic Development
 - o **712-431-6528**
 - o <http://discovermononacounty.org>
 - o Facebook Group: **Monona County Business Owners**
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Housing Support

- Northwest Iowa Regional Housing Authority
 - o 712-262-7460