

WEAR RED

start with

Heart



BURGESS
Health Center

Mandy Lander, PA-C
presenter



WEAR RED HEART HEALTH EVENT

Presented by Burgess Health Center

Wednesday, February 14, 2024

Location: Onawa Community Center

10:30 a.m. Booths Open

11:30 a.m. Lunch & Keynote

LUNCHEON FEATURES

Keynote: Mandy Lander, PA-C, Burgess Family Clinics

Start with Heart

- Raising Awareness for Women's Heart Disease and Stroke Risks

Educational, fun vendor booths

Free chair massages and nail painting

Heart healthy lunch catered by Staley's - fish or chicken options

RESERVATIONS

Cost is \$10

To register, complete the form below OR call 712-423-9200

If you have not registered by February 7, 2024 please register at the door.



Name(s) _____ Number Attending _____

Address, City, ZIP _____

Email Address _____

Phone # _____ Fish or Chicken _____

Mail this form and payment to: (make checks payable to Burgess Health Center)
Burgess Health Center Wear Red • 1600 Diamond Street • Onawa, IA 51040