Community Health Needs Assessment (CHNA) Report



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Date Revised: February 16, 2016

Promote Healthy Living Assessment

includes topics such as addictive behaviors (tobacco, alcohol, drugs, gambling), chronic disease (mental health, cardiovascular disease, cancer, asthma, diabetes, arthritis, etc.), elderly wellness, family planning, infant, child & family health, nutrition and healthy food options, oral health, physical activity, pregnancy & birth, and wellness.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Heart Disease	Heart disease is the leading cause of death in Monona County, as well as in Iowa. Heart disease is related to high blood pressure, high cholesterol, and heart attacks. According to Community Commons, 28.86% of the Monona County Medicare population (persons aged 65+ and the disabled) suffer from heart disease, which is greater than lowa's 25.25%. Out of the total county population of approximately 9,195, there were on average 50 annual deaths from the years 2007 - 2011. Additionally, Monona County has 41 annual deaths on average due to coronary heart disease. The county's age-adjusted death rate per 100,000 population is 212 which is highly greater than lowa's rate of 122.6. According to Community Commons, males have a higher rate of coronary heart disease than females do in the county. High Blood Pressure According to Community Commons, 64.07% (or 1,232 people) of the Medicare population (persons aged 65+ and the disabled) are suffering from high blood pressure, which is dramatically higher than lowa's 51.16%. This is one of the causes of high heart disease rates in Monona County's Medicare population. High Cholesterol According to Community Commons, 49.19% (or 946 people) of the Medicare population (persons aged 65+ and the disabled) are suffering from high cholesterol, which is higher than lowa's 40.25%. This is one of the causes of high heart disease rates in Monona County's Medicare population.	Yes	Other priorities rated higher Community partners do not exist Existing programs already address problem/need not exist Lack of human resources/ Lack of financial resources staff Other

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	Is this priority	
According to Community Commons, in Monona County, 25.9% of adults, aged 20 and older, self-report no leisure time for activity, based on the question: "During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?". This is compared to lowa's lower percentage of 24.2%. Physical inactivity data is important to pay close attention to, as people's current behaviors are determinants of future health and this data may illustrate a cause of significant health issues, such as obesity and heart health related issues. Additionally, 27.3% of male adults are not getting leisure time physical activity, which is higher than females in the county, at 24.3%. From the year 2004 through 2012, the percent of no leisure time physical activity has fluctuated up and down in the county, lowa and United States.	Yes	Other priorities rated higher Community partners do not exist Existing programs already address problem/need not exist Lack of human resources/ Lack of financial resources staff Other
Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
Diabetes is a prevalent problem in the United States; it may indicate an unhealthy lifestyle and puts individuals at risk for further health issues.	No	Other priorities rated higher Community partners do not exist Existing programs already address problem/need Lead organization does not exist
According to Community Commons, diagnosed diabetes has continued to increase, in persons 20+, in Monona County, lowa and the United States, from the year 2004 to 2012. Additionally, 26.42% (or 508 people) of the Monona County Medicare population (persons 65+ and the disabled) are		Lack of human resources/ Lack of financial resources staff Description
	of adults, aged 20 and older, self-report no leisure time for activity, based on the question: "During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?". This is compared to lowa's lower percentage of 24.2%. Physical inactivity data is important to pay close attention to, as people's current behaviors are determinants of future health and this data may illustrate a cause of significant health issues, such as obesity and heart health related issues. Additionally, 27.3% of male adults are not getting leisure time physical activity, which is higher than females in the county, at 24.3%. From the year 2004 through 2012, the percent of no leisure time physical activity has fluctuated up and down in the county, lowa and United States. Rationale / Specific Need Diabetes is a prevalent problem in the United States; it may indicate an unhealthy lifestyle and puts individuals at risk for further health issues. According to Community Commons, diagnosed diabetes has continued to increase, in persons 20+, in Monona County, lowa and the United States, from the year 2004 to 2012.	According to Community Commons, in Monona County, 25.9% of adults, aged 20 and older, self-report no leisure time for activity, based on the question: "During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?". This is compared to lowa's lower percentage of 24.2%. Physical inactivity data is important to pay close attention to, as people's current behaviors are determinants of future health and this data may illustrate a cause of significant health issues, such as obesity and heart health related issues. Additionally, 27.3% of male adults are not getting leisure time physical activity, which is higher than females in the county, at 24.3%. From the year 2004 through 2012, the percent of no leisure time physical activity has fluctuated up and down in the county, lowa and United States. Rationale / Specific Need Is this priority in the HIP? No Diabetes is a prevalent problem in the United States; it may indicate an unhealthy lifestyle and puts individuals at risk for further health issues. According to Community Commons, diagnosed diabetes has continued to increase, in persons 20+, in Monona County, lowa and the United States, from the year 2004 to 2012. Additionally, 26.42% (or 508 people) of the Monona County Medicare population (persons 65+ and the disabled) are

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	Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
4	Colon & Rectum Cancer	According to Community Commons, in Monona County, there are an average of 9 new cases of colon and rectum cancer reported in the county annually, which is a higher rate than in lowa.	No	Other priorities rated higher
	Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
5	Colonoscopy Cancer Screening	According to Community Commons, in Monona County, 51.8% of people 50+ (at an age-adjusted percentage per 100,000 population) have received a colonoscopy cancer screening. This is lower than the 60% lowa average. This lower percentage could highlight a lack of health knowledge, insufficient provider outreach, and/or social barriers preventing utilization of services.	No	Other priorities rated higher Community partners do not exist Existing programs already address problem/need Lack of human resources/ staff Other
	Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
6	Mammogram Cancer Screening	According to Community Commons, of the 115 female Medicare population aged 67-69 in Monona County, 73 of this population have received a mammogram in the past 2 years. This is 64.3%, which is lower than the 66.4% lowa average. This lower percent could highlight a lack of health knowledge, insufficient provider outreach, and/or social barriers preventing utilization of services.	No	Other priorities rated higher Existing programs already address problem/need Lack of human resources/ staff Other Community partners do not exist Lead organization does not exist Lack of financial resources

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7	Healthy Living Community Priority Chronic Lower Respiratory Disease	Chronic lower respiratory diseases are the third leading cause of death in Monona County. Chronic lower respiratory diseases are diseases that affect the lungs. The most deadly of these is chronic obstructive pulmonary disease (COPD), which makes it hard to breathe. COPD includes two main illnesses, 1)emphysema and 2)chronic bronchitis. Emphysema and chronic bronchitis also are strongly associated with lung cancer. Damage to the lungs caused by COPD cannot be repaired. Cigarette smoking is the main cause of COPD. According to lowa Department of Public Health, Monona County's death rate, due to chronic lower respiratory disease, was 48.13 (at an age adjusted rate per 100,000) in the time	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why: Other priorities rated higher Community partners do not exist Existing programs already address problem/need not exist Lack of human resources/ Lack of financial resources staff Other
8	Healthy Living Community Priority Low Birth Weight	Rationale / Specific Need Low birth weight in infants can lead to a higher risk for health problems. Low birth weight can also show the existence of health disparities. According to Community Commons, in Monona County, 7.7% of infants born are low weight births (under 5lb, 8.18oz.). This is higher than the lowa average of 6.8%.	Is this priority in the HIP? No	If the priority is not addressed in the HIP, reason(s) why: ☐ Other priorities rated ☐ Community partners do not exist ☐ Existing programs already address problem/need ☐ Lead organization does not exist ☐ Lack of human resources/ ☐ Lack of financial resources staff ☐ Other ☐ By selecting child abuse and neglect as one of the (HIP) priorities, this health need will be positively affected.
9	Healthy Living Community Priority Smoking During Pregnancy	Rationale / Specific Need Smoking during pregnancy can lead to significant health issues in the newborn, including asthma. According to Community Commons, approximately 14% through 40% of Monona County mother's, from ages less than 19 to 35+, are smoking during their 3rd trimester, compared to 8% through 15% of mother's state wide.	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why: Other priorities rated higher Community partners do not exist Existing programs already address problem/need not exist Lack of human resources/ Lack of financial resources staff Other By selecting child abuse and neglect as one of the (HIP) priorities, this health need will be positively affected.

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Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
10 Depression	According to Community Commons, 18.9 % (or 363 people) of the Monona County Medicare population (persons 65+ and the disabled) are suffering from depression, which is greater than lowa's 14.9 percent.	No	Other priorities rated higher Community partners do not exist Existing programs already address problem/need Lack of human resources/ staff Other
Healthy Living Community Priority		Is this priority	
Community Priority	Rationale / Specific Need	in the HIP?	If the priority is not addressed in the HIP, reason(s) why:

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Prevent Injuries & Violence Assessment

includes topics such as brain injury, disability, EMS trauma & system development, intentional injuries (violent & abusive behavior, suicide), occupational health & safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.).

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Child Abuse & Neglect	lowa defines child abuse as harm suffered as the result of the acts or omissions of someone who is responsible for the care of a child. Iowa defines neglect as depriving a child of their basic needs (e.g. food, clothing, warmth and shelter, emotional and physical security and protection, medical and dental care, cleanliness, education and supervision). According to Prevent Child Abuse America 2007, child abuse and neglect have pervasive and long lasting effects on children, their families and society. Children who have been abused or neglected are more likely to experience adverse outcomes throughout their life span. These include poor physical health, poor emotional and mental health, social difficulties, cognitive dysfunctions, high risk health behaviors and behavioral problems. There are certain risk indicators that put a child at a higher risk for abuse and neglect. The data of these risk indicators show that Monona County has a higher percentage than lowa's average for almost all of the risk indicators. For example: 1) In Monona County, 35% of children live in a single parent household, compared to lowa's 29%. 2) In Monona County, 14% of births are to mothers with less than a high school education, compared to lowa's 8%. 3) In Monona County, 19% of children are living in poverty, compared to lowa's 16%.	Yes	Other priorities rated higher Community partners do not exist Existing programs already address problem/need not exist Lack of human resources/ Lack of financial resources staff Other

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Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed	d in the HIP, reason(s) why:
Inintentional Injury Accidents)	According to Community Commons, accidents are a leading cause of death in the United States. On average, Monona County had 9 unintentional deaths annually from 2007-11. This is a much higher age-adjusted death rate than lowa's average. According to the lowa Department of Public Health, from the years 2008 - 2012, fall accidents that resulted in an emergency department visit are continuously at a higher rate, in aged 35+, than lowa's rate. For example: 1) For ages 35-64 in the county, there was approximately a 1,822 rate of (at an age adjusted rate per 100,000 population) fall emergency department visits, compared to 1,766 in lowa, during the years 2010 - 2014. 2) For ages 65-84 in the county, there was approximately a 4,579 rate of (at an age adjusted rate per 100,000 population) fall emergency department visits, compared to 3,611 in lowa, during the years 2010 - 2014. 3) For ages 85+ in the county, there was approximately a 11,739 rate of (at an age adjusted rate per 100,000 population) fall emergency department visits, compared to 10,730 in lowa, during the years 2010 - 2014.	No	Other priorities rated higher Existing programs already address problem/need Lack of human resources/ staff Other	Community partners do not exist Lead organization does not exist Lack of financial resources

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Protect Against Environmental Hazards Assessment

includes topics such as drinking water protection, food waste, food safety, fluoridation, hazardous materials, hazardous waste, healthy homes, impaired waterways, lead poisoning, nuisances, on site wastewater systems, radon, radiological health, soil erosion, and vector control.

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addresse	d in the HIP, reason(s) why:
1 Radon Testing & Prevention	Radon is an invisible, odorless, and tasteless gas. Radon is a decay product from uranium, which is present in nearly all soil, rock, and water. According to the Environmental Protection Agency, radon is the top cause of lung cancer among nonsmokers and the second leading cause of lung cancer overall. Residents of Monona County are encouraged to use radon test kits which are available at Monona County Environmental Health to see if their home, business, etc. has a higher than acceptable amount of radon. The U.S. Environmental Protection Agency recommends that the radon action level, in a home, business, etc, be no higher than 4pCi/L. The lowa Radon Survey has indicated that lowa has the largest percentage (or 71.6%) of homes above the recommended action level of 4pCi/L. Additionally the majority of the average radon test results, conducted by Monona County Environmental Health, have come back exceedingly higher than the 4pCi/L recommended level.	No	Other priorities rated higher Existing programs already address problem/need Lack of human resources/ staff Other	Community partners do not exist Lead organization does not exist Lack of financial resources

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Prevent Epidemics & the Spread of Disease Assessment

includes topics such as disease investigation, control & surveillance, HIV/AIDS, immunization, reportable diseases, sexually transmitted diseases (STDs), and tuberculosis (TB).

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Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
Maintenance of high immunization levels provide the foundation for controlling vaccine preventable diseases (VPD) in the population. Immunization coverage levels of 90% are, in general, sufficient to prevent circulation of viruses and bacteriacausing VPD. Determining whether a population is protected against a VPD is best evaluated by examining the coverage level of individual immunizations. It's recommended that children 24 months of age receive the 4 DTaP, 3 Polio, 1 MMR, 3 Hib, 3 Hepatitis B, 1 varicella, 4 pneumococcal vaccine series. At mid-year 2015, Monona County Public Health immunization data for children 24 months of age, that the agency serves, show coverage levels at 80%. In comparison, immunization data for children 24 months of age, that the county medical clinics serve, show coverage levels at 66%, which are both below the 90% recommended level.	No	Other priorities rated higher Community partners do not exist Existing programs already address problem/need Not exist Lack of human resources/ staff Other Community partners do not exist Lead organization does not exist Lack of financial resources
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data for adolescents 13 through 15 years of age, that the agency serves, show coverage levels at 40% for the vaccine series and 25% for the HPV vaccine. In comparison, immunization data for adolescents 13 through 15 years of age, that the county medical clinics serve, show coverage levels at 26% for the vaccine series and 31% for the HPV vaccine, which are both below the 90% recommended level.

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addresse	d in the HIP, reason(s) why:
Pneumonia or Influenza Immunizations	According to the lowa Department of Public Health, pneumonia and influenza hospitalization rates have primarily been at a higher rate than lowa's average. Both pneumonia and influenza can be prevented or lessened through immunizations. For example: 1) For ages 55+ in the county, there was approximately a 1,884 rate of (at an age adjusted rate per 100,000 population) pneumonia and influenza hospitalization, compared to 1,185 in lowa, during the years 2010 - 2014. 2) For the entire county population, there was approximately a 544 rate of (at an age adjusted rate per 100,000 population) pneumonia and influenza hospitalization, compared to 361 in lowa, during the years 2010 - 2014. 3) For ages 20+ in the county, there was approximately a 23 pneumonia and influenza death rate (at an age adjusted rate per 100,000 population), compared to 21 in lowa, during the years 2010 - 2014.	No	Other priorities rated higher Existing programs already address problem/need Lack of human resources/ staff Other	Community partners do not exist Lead organization does not exist Lack of financial resources

Prepare for, Respond to, & Recover from Public Health Emergencies Assessment

includes topics such as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication, and surge capacity.

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Emergency Preparedness	In 2015, the Monona County Emergency Preparedness Healthcare Coalition conducted a series of interrelated public health emergency preparedness exercises to test our coalition's plans and readiness for a future public health emergency. After each of these exercises, an After Action Report (AAR) was developed to outline what went well during the exercise and what the coalition needs to further develop to ensure we are prepared for a potential future public health emergency in Monona County. From these exercises, the following improvement actions were developed: 1) New staff need further training and practice in the distribution of medical supplies, therefore training opportunities and further exercises will be scheduled. 2) Designating I-SERV as a primary tool for assessing and obtaining volunteers could be a mainstay for Public Health in meeting the needs of the community and will allow other staff more time for ongoing emergency issues. Therefore, Public Health will refer all volunteers to register with I-SERV and/or assist in this process if needed. 3) The coalition needs to add more entities to the coalition (i.e. nursing homes, physician offices, pharmacies, etc.), therefore the coalition will set up times to discuss disaster preparedness with like groups, explain the purpose and goals of the coalition and ask them to join the group.	No	Other priorities rated higher Community partners do not exist Existing programs already address problem/need Lack of human resources/ staff Other

Strengthen the Health Infrastructure Assessment

includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance (SNAP, WIC), health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g., education & poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health).

Health Infrastructure Community Priority Rationale / Specific Need in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Poverty Health insurance coverage is an important aspect of access to healthcare. According to Community Commons, in Monona	Other priorities rated Community partners do not exist
County, 9.09% of the population is uninsured, which is greater than the 8.61% in Iowa. The largest uninsured population, by	Existing programs already Lead organization does address problem/need not exist
age group, is ages 18-64. Of this age group in the county, 15.56% are uninsured, compared to the state's average of	Lack of human resources/ Lack of financial resources staff
12.3%. Additionally, the uninsured population in the county, by gender, is higher in males than it is in females.	Other
Health Infrastructure Community Priority Rationale / Specific Need Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
Community Priority Rationale / Specific Need	if the priority is not addressed in the file, reason(s) why.
2 Unemployment According to Community Commons, the unemployment rate in Monona County is 6.1%, which is higher than the state level of	Other priorities rated Community partners do not exist
4.6%.	Existing programs already Lead organization does address problem/need not exist
	Lack of human resources/ Lack of financial resources staff
	Other
Health Infrastructure Is this priority	
	If the priority is not addressed in the HIP, reason(s) why:
Uninsured Health insurance coverage is an important aspect of access to healthcare. According to Community Commons, in Monona	Other priorities rated Community partners do not exist
County, 9.09% of the population is uninsured, which is greater than the 8.61% in Iowa. The largest uninsured population, by	Existing programs already Lead organization does address problem/need not exist
age group, is ages 18-64. Of this age group in the county, 15.56% are uninsured, compared to the state's average of	Lack of human resources/ Lack of financial resources
12.3%. Additionally, the uninsured population in the county, by gender, is higher in males than it is in females.	Other
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FEBRUARY 16, 2016 COMMUNITY HEALTH NEEDS ASSESSMENT SNAPSHOT



Promote Healthy Living

Priority #1 Heart Disease

Priority #2 Physical Activity

Priority #3 Diabetes

Priority #4 Colon & Rectum Cancer

Priority #5 Colonoscopy Cancer Screening

Priority #6 Mammogram Cancer Screening

Priority #7 Chronic Lower Respiratory Disease

Priority #8 Low Birth Weight

Priority #9 Smoking During Pregnancy

Priority #10 Depression

Priority #11 Premature Death & Years of Life Lost



Prevent Injuries & Violence

Priority #1 Child Abuse & Neglect

Priority #2 Unintentional Injury (Accidents)



Protect Against Environmental Hazards

Priority #1 Radon Testing & Prevention



Prevent Epidemics & the Spread of Disease

Priority #1 Child Immunizations

Priority #2 Adolescent Immunizations

Priority #3 Pneumonia or Influenza Immunizations



Prepare for, Respond to, & Recover from Public Health Emergencies

Priority #1 Emergency Preparedness

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Strengthen the Health Infrastructure

Priority #1 Poverty

Priority #2 Unemployment

Priority #3 Uninsured

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